Martial Artist Bundle

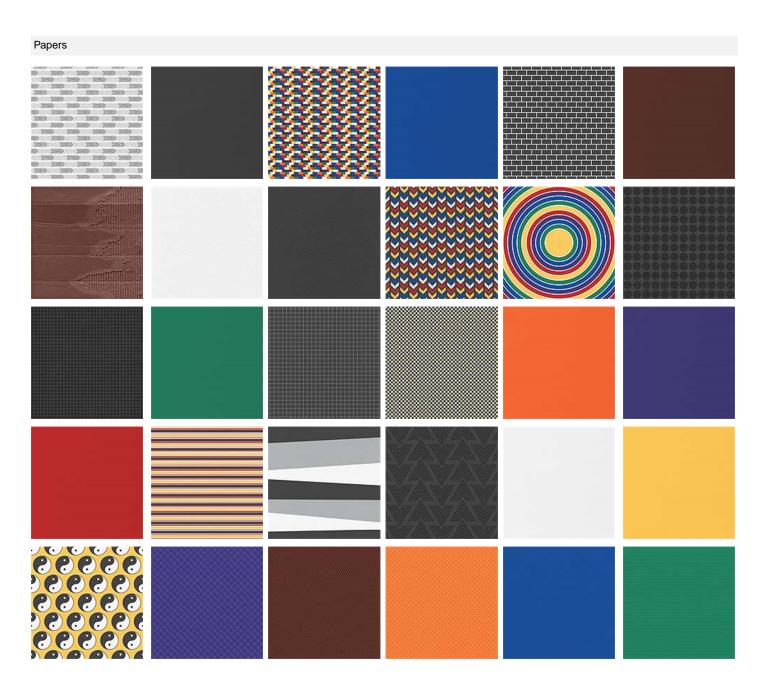
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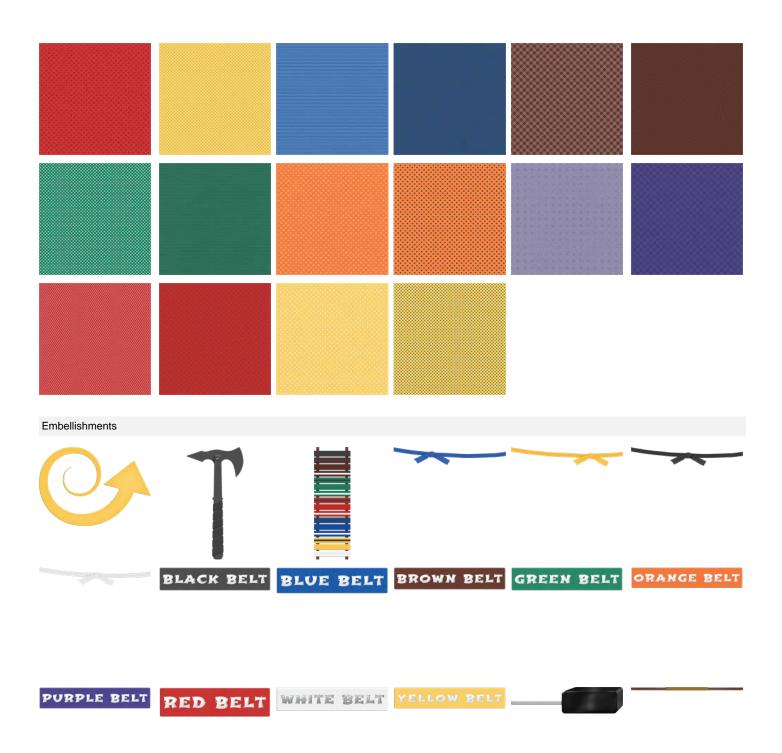
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AlphaSets





















JUDO KARATE KUNG FU MIXED MARTIAL ARTS

TAE KWON DO



I BUST MY BUTT TO KICK YOURS.









































DEMO TECHNIQUES



GROUND TECHNIQUES

KICK

PRESSURE POINTS

PROTECT

PUNCH

RESPECT

SITTING IN SEIZA

STRATEGY

STRIKE

TESTING THROW

TRAIN

WEAPONS TRAINING