

# Everyday Moments - Exercise Bundle

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## Pages

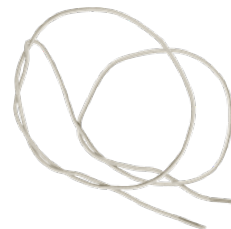


## Papers









WORK HARD  
WORK HARD

work out.  
eat healthy.  
sleep well.  
repeat.

nothing changes  
if  
**NOTHING CHANGES**

Let's Go! **BURN**  
baby  
**BURN**

**NO PAIN**  
no gain ~lifestyle~

**NEVER**  
**GIVE UP**

~fitness~